

EAST HILLS BOYS HIGH SCHOOL NEWSLETTER

ISSUE 7 - TERM 4 2023



YEAR 12 GRADUATION



PH 9773 7806 LUCAS RD PANANIA 2023 WWW.EASTHILLSB-H.SCHOOL.NSW.EDU.AU

UPCOMING EVENTS

13.11.2023 YR 12 SIGN OUT DAY

27.11.2023 P&C MEETING

28.11.2023 YR 7 2024 ORIENTATION DAY

08.12.2023 PRESENTATION DAY

15.12.2023 LAST DAY OF TERM 4

PRINCIPAL'S MESSAGE

The beginning of Term 4 has certainly been a whirlwind in 2023. The Year 12's have finished their HSC and have begun signing out of the school, ready to begin the next exciting stage of the lives. For some of them their association with East Hills Boys doesn't quite finish there though as 4 have chosen to study Education at university to become teachers and in order to maintain our support of these students and the public education system we will be supporting these boys in 2024 by hiring them as paraprofessionals (SLSO's) to support the learning of some of our students. With 4 weeks to go many of our students will be looking forward to Fun Day in the last week. Fun day is a day when we reward the students who have maintained a high level of positive behaviour and application to work throughout the year. For those students who have qualified, invitations will go out soon.

Whilst Formal assessments have been completed for the year it is still very important that your son's attendance remains at the highest possible level. The students will be learning strategies for next year for the remainder of the year and these skills will go a long way to ensuring success in future years.

Tuesday 28 November will see Orientation Day for the Year 7 cohort of 2024. It is a very exciting time for the new Year 7's as they will get their first opportunity to see what our school is about. What is particularly exciting about the group about to start on their East Hills Boys journey, is that with the enrolments from this group we have reached our school enrolment cap. It is so exciting to see that our community is seeing the exciting work we are doing at the school and they are now choosing our school as their school of choice for their sons.

Looking forward to some exciting days ahead as we move towards the end of the year.

Regards

Paul Abboud

UNIFORM SHOP

Uniforms- Please label all items so they can be returned to you if they get lost.

The second hand uniform shop at East Hills Boys High School is currently low in stock. Please consider donating any unused items to the school.





To keep up to date with the exciting events and the wonderful learning at our school please like our Facebook and our Instagram

https://www.facebook.com/easthillsboyshs https://www.instagram.com/easthillsboyshs/?hl=en



BREAKFAST CLUB

The Breakfast Club has returned on Mondays, Wednesdays and Fridays in room I4F from 8:15am.

It's an opportunity for every student to have the fuel to be focused and ready to learn at school with a nutritious start of either cereal or an Up n Go.

THE P&C EAST HILL BOYS HIGH SCHOOL



WE NEED NEW MEMBERS

- Be involved as part of a team contributing to your son's education
- Have your voice heard on a range of school matters
- Meet other parents and the school executive
- No previous experience or special skills are required

WE WOULD LOVE NEW PEOPLE, NEW IDEAS, NEW FACES!

You are warmly invited to attend our meeting in the school café, or join in online (send an email to ehbhspnc@gmail.com for details), to meet other parents and the School Executive. Come and see how you can have an active role in your son's education. Anyone is very welcome to attend these meetings. You do not have to be a financial member of the P&C, membership is only \$1 per year.





WHAT IS P&C?

Our aim as the Parents and Citizens (P&C) committee is to co-operate and work closely with teaching staff and the Student Representative Council to find ways to support our school so we can build a stronger and enjoyable learning environment. ie We like to buy some fun educational stuff for the boys, that the school's budget doesn't cover or that the P&C members think that they would love. You may get to meet a few local Politicians and share your views/suggestions on education, the school and any local issues that you see affecting the school and your child(ren).

2023 MEETING DATES:

P&C meetings are held monthly – the fourth Monday of the month, except in school holidays and Public holidays

OCTOBER 23 | NOVEMBER 27

THE CAFE © EHBHS

Open 8:00am - 8:40am and Break 1 closed Tuesdays

Coffee

Cap	puccino	3.0
Cap	paceirio	0.0

Flat White 3.0

Latte 3.0

Long Black 3.0

Hot Chocolate 3.0

Cold Drinks

Iced Latte 4.0

Iced Long Black 4.0

Milkshakes

Chocolate, Caramel, Vanilla,

Strawberry, Banana, Maple, Lime





4.0



Your School Services

We want to thank you for your ongoing patience as U-Go Mobility works through challenges in operating Greater Sydney Bus services, in Sydney's South and South West.

Steps we are taking to address the current challenges:

- Reinstated regular route trips that have an extension or deviation to a school or have a high level of student activity
- Liaising directly with schools when services are running late
- Directing all drivers to pick up school students who are waiting at stops
- Redirecting buses to return and pick up students when issues do occur
- Ensuring buses set down appropriately and follow their routes, including trip deviations for schools.
- Website with timetable links to dedicated school routes

For dedicated School Services, please continue to use the transport Info website to Plan Your Trip to School:

transportnsw.info/travel-info/using-public-transport/planyour-trip-to-school

You can also find information on our website:

u-gomobility.com/your-schools

Each school bus that services your school is listed. We will continue updating the website to include regular bus routes that service schools and provide more regular information about school services.

When using regular routes, we encourage passengers to please check the Trip Planner on **transportnsw.info** before you travel.

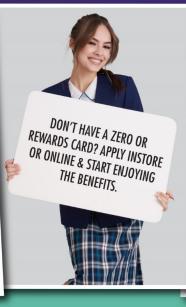


3 DAY VIP EVENT

SO SO SERVICE SERVICE

NOVEMBER 15th 16th & 17th







INSTORE & ONLINE

*T&C's apply, no rainchecks, savings off original prices

SRC NEWS

A message from our newly elected 2024 Leadership Team

Hi there East Hills Boys community, my name is **Alvi Sarker** and I have the privilege of being the 2024 East Hills Boys High **School Captain**. First things first, I extend my heartfelt gratitude to the school for granting me this remarkable opportunity and to my fellow students who entrusted me with their votes. I am genuinely appreciative and committed to reciprocating this trust by contributing positively to our school community. A bit about myself; I have been a student at East Hills Boys since year 7 back in 2019, and have enjoyed every moment of this high school journey. Over the years, I've had the privilege of attending numerous school events, and now, as Captain, I am eager to take a proactive role in planning, organising, and achieving success in various school activities, alongside my dedicated leadership team. Beyond school academics, I have been able to represent our school in numerous sporting competitions including all-schools table tennis and respective cricket tournaments.

Enough about me, and now about my fellow devoted leaders who will accompany me on this journey. From the team our cohort voted in, I believe we have selected a balanced, all round group of young men who are not only dedicated to fulfill this role, but also keep all other aspects of school life in check. The team consists of myself, Zaine Annous (Vice Captain), Jalil Figueroa (Senior Prefect), Khaled Arifaki (Prefect), Ryan Budhiraja (Prefect), Maysra Faraheldour (Prefect), Minh-Sam Ha (Prefect), Muhammad Nihal Khan (Prefect), Khoder Mahmoud (Prefect), Titako Manu (Prefect). We collaborate seamlessly and have diligently explored various concepts aimed at enriching our school experience. Our primary objectives revolve around enhancing health and education, followed closely by active participation in sports and fundraising for a range of charitable causes. Our commitment to school events isn't a boundary; in fact, we've devised numerous strategies to expand our engagement with neighboring schools, seeking to enhance student well-being.

All in all, I hope that 2024 is a memorable year for East Hills Boys, and that our leadership team on behalf of the school can assist all teachers and students.

LEARNING AND SUPPORT NEWS

Term 4 is a time for students to be assessed on their knowledge and learning for the second semester.

As you are aware, all students have been sitting their final assessments and the Learning and Support team have ensured that they have been given the necessary provisions and access to the curriculum.

Mr Abboud supports our faculty with school funding and at East Hills, we are very lucky to have a dedicated team who work with students in class or on a one on one basis.

Nonetheless, the funding model from department is constantly changing and it is becoming increasingly harder to support students without a diagnosis or some formal understanding of their learning needs.

If you would like a greater understanding of how the department of education model works, please click on the link below.

https://education.nsw.gov.au/teaching-and-learning/disability-learning-and-support/programs-and-services/integration-funding-support

Year 12, 2024

We will commence our application for HSC exam provisions very shortly. If your son has been receiving provisions, we will be contacting you to provide us with the necessary documentation to support HSC provisions. Curious about exam provisions? Check your child's eligibility below. Please know that if something happens closer to the HSC exams in 2024, there are many avenues to ensure that students have the necessary support they need at that time.

https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/disability-provisions/hsc-disability-provisions-guide-for-teachers-and-parents

Classrooms in Action







7S have been working on healthy muffin options! Good job boys!

Antonella Suteski

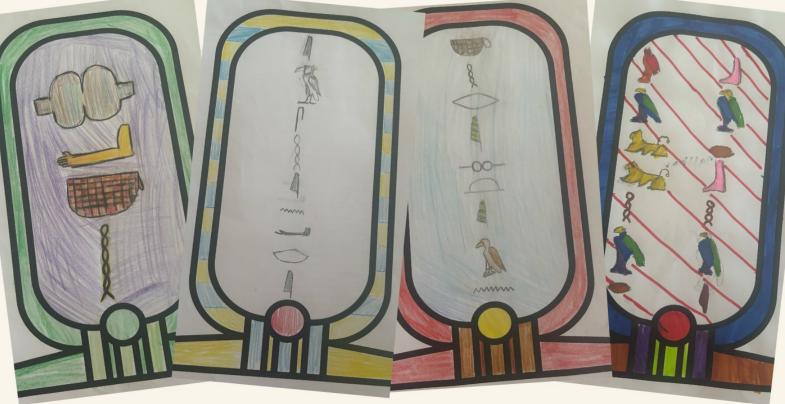
Antonella.suteski@det.nsw.edu.au Learning and Support Coordinator



HISTORY AND HIEROGLYPHS

7his.l have been learning about ancient egypt and egyptian hieroglyphs; which is their decorative form of writing. they tried their hand at drawing their name in hieroglyphs. can you figure out the names on these cartouches?

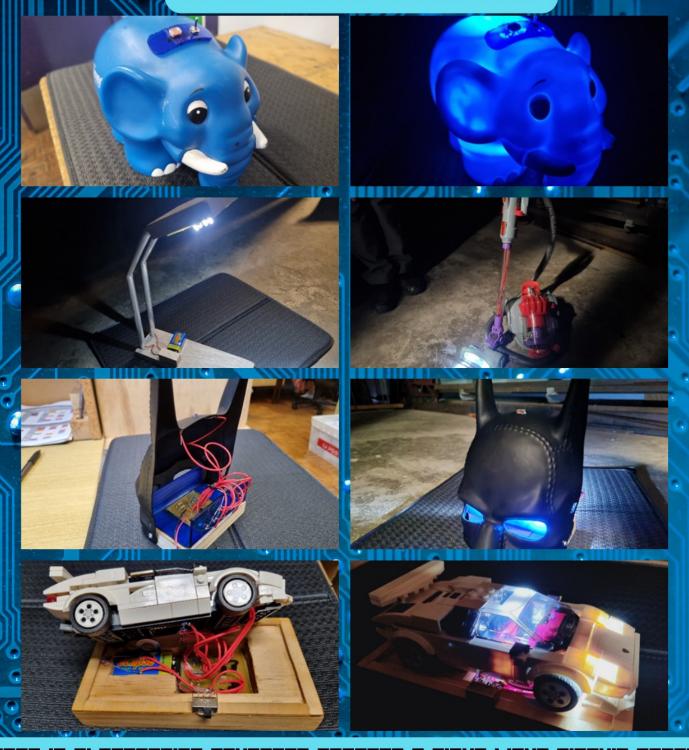




A	В	В	C	D	E
F	G	H	% н	I	J
K	L	M	••••••••••••••••••••••••••••••••••••••	N	%
P	Q	R	S	T	T
9 _u	V	w	X	44 Y	Z

fun facts about hieroglyphs:
-in ancient egypt; only a pharaoh's
name could be written in a cartouche;
which is an oval shape with a line
across the bottom. people lost the
ability to read hieroglyphs until 1799
when a stone fragment now called the
rosetta stone containing the same text
written in egyptian hieroglyphs;
demotic and ancient greek. by using
the greek alphabet;
historians were able to
translate and
decipher
hieroglyphs!





YERR ID ELECTRONICS STUDENTS CREATED A NICHT LICHT CIRCUIT BORRD FROM SCRATCH UTILIZING COMPUTER AIDED DESIGN SOFTWARE. THIS DESIGN WAS THEN TRANSFERRED USING AN ULTRAVIOLET LICHT TRANSFER ONTO PHOTOSENSITIVE CIRCUIT BOARD BLANKS. ONCE THE CIRCUIT WAS ASSEMBLED, SOLDERED AND TESTED IT WAS THEN UP TO THEN STUDENTS TO CUSTOM DESIGN AND BUILD AN APPROPRIATE HOUSING OF MATERIALS OF THEIR CHOOSING. TO SAY THE LEAST, I WAS VERY IMPRESSED WITH THEIR EFFORT, CREATIVITY AND ENTHUSIASM. CREAT WORK BOYS!

RECARDS MR WATSON



ART

MUSIC

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DRAMA

VISUAL ARTS

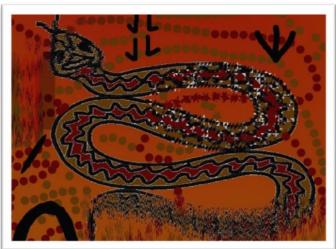
Year 7 – Students have been exploring Aboriginal Art. Check out some of their digital graphics!













MUSIC

ROCK N ROLL



Do you or have you ever wanted to learn how to play an instrument?

Or join a band and perform your favourite songs with your friends?

Well now is your big chance! At East Hills Boys High we are kicking off the year in a big way with both our junior and senior bands. Rehearsals take place every Thursday afternoon and will culminate in an end of term performance in front of the school. If you are interested see Mr. Paskins in the CAPA staff room (F-Block) for more details



Focus on Ability Film Festival – Screening & Awards



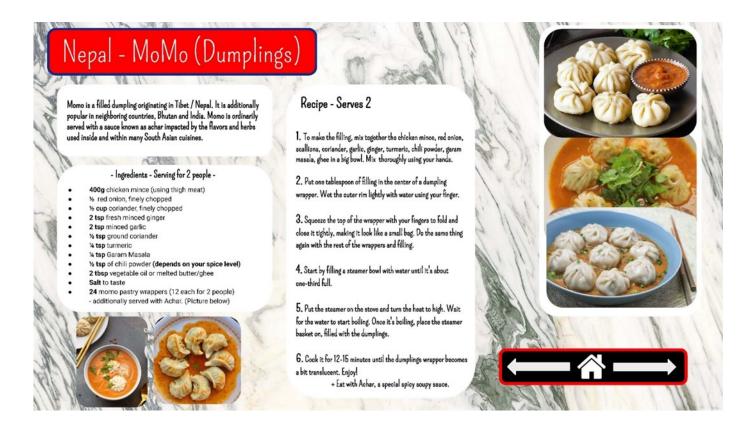
In week 9 of Term 3, year 11 Multimedia accompanied Rasin Hossain (director), Zain Khan (director) and Kassem Abouelsel (star) to attend a screening of their film titled Limitless as part of the worldwide film-making competition called 'Focus on Ability'. The film stars Sam of Year 12 who bravely tells his story to inspire the greater community to be determined and always strive for success regardless of the obstacles in your way. The film can be viewed on the EHBHS Youtube channel or the 'Focus on Ability' website under the title of 'Limitless'

The directors and star of the documentary also had the opportunity to attend the awards event on Sunday 5th November. The fancy event was held at the Concert hall in Chatswood and had an emphasis on sharing peoples' stories of living with a disability. The boys produced such an amazing film that they finished top 5 in the Judges choice award for the documentary category. Congratulations to the boys for their efforts in getting this valuable message out into the community.

Year 8 Multicultural Recipe Feast

This semester Year 8 Food Technology have been learning about Multicultural Food, this involved them creating their own recipe book that showcased recipes and information from 3 different countries.

We have included one of our favourite recipes for you to try at home.



Some of the recipes and foods presented were:

Desserts: Mango Lassi, Gulab Jamuns, Kanefe and Pandan Cake, and Mahalabia.

Meals: Onion and Spinach Indian Fritters, Lebanese Chicken and Rice, Slow cooked pasta Bolognese, Lasagne, Fried Rice, Lalem Bi Ajin, Korean Ramen Noodles, Shindhi Biryani, Chicken Biryani and Tandoori Chicken

These are just a sample of the foods which were made. The students showcased their skills and knowledge of the various foods from many different cultures, ensuring that all dietary concerns and needs where catered for.

8FDT1



8FDT8



8FDT9



Year 9 Food Product Development

This term Year 9 Food Technology has been working through the unit Food Product Development. Their assessment task involved them creating a snack food to promote a movie and food company they have randomly been allocated. Below are some images of the boys final products including, Aladdin Genie Lamp Jellies, Pets 2 Rice Bubble Bats, Kung Fu Panda Cheese Pops, Lego Batman Cupcakes and Lightyear Space Muesli Bars.





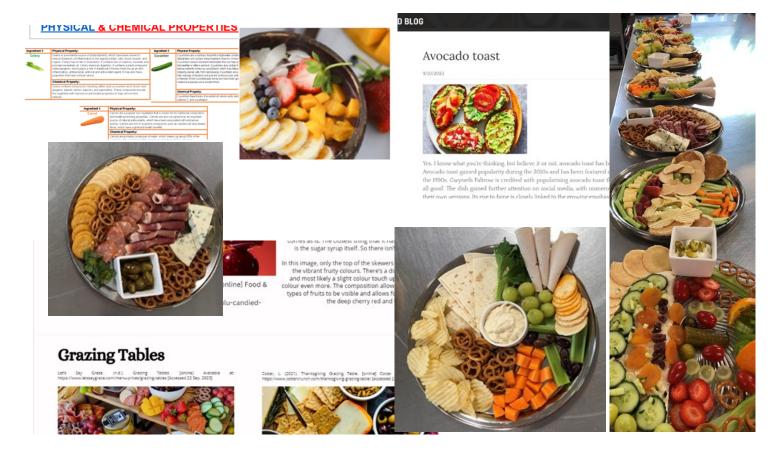






Year 10 Food Trends

This term Year 10 Food Technology has been working through the unit Food Trends. Their assessment task involved them creating a visually appealing digital snap blog on a Grazy Dayz platter, which was then to be presented in class. The following is a snap shot from their blogs, and the platters that they created in class.



Year 10 Design and Technology Battle Bott

Year 10 Design and Technology have been working hard on their Battle Bott Racers this semester. Students designed their racer shapes using AutoCAD, designs were loaded onto the Laser cutter to be cut out. The boys worked hard to give their racers a perfect paint design to replicate Formula 1 cars and even Lightning McQueen. Once painted the boys got to constructing their Battle Bott Racers using their new knowledge of gears and motors to try create the fastest racer. We are excited to see who will have the fastest Battle Bott Racers in 10DATY.



















Disobey 'No Parking' Sign





- ONLY stop to drop off or pick up
- Stay within
 3 metres
 of your car
- Stay less than
 2 minutes



'KISS & DROP' ZONE



With your help, a safer community.

DRIVING OFFENCES IN SCHOOL ZONES

SCHOOL







Driver Uses Mobile Phone When Not Allowed by Law

DO NOT talk, text or view your phone while driving.

Section 300 Road Rules 2014



Fine =
\$362*
& Lose 2 Points

DO NOT STOP
for ANY reason

Section 167 Road Rules 2014

\$362* & Lose 3 Points

Child or Passenger Not Restrained

(Not wearing a seat belt or not in a child seat)

Sections 265, 266, 267 Road Rules 2014 For more information see: **Road Rules 2014** http://www.rms.nsw.gov.au/roads/safety-rules/road-rules/index.html

*Fines are current as of February 2022. Fine amounts change regularly.

For up-to-date fine amounts see: http://www.rms.nsw.gov.au/roads/safety-rules/demerits-offences/index.html







KEEPING US SAFE

Please be aware that we have immune compromised students at this school. Please contact us immediatley if your son is experincing and symptoms of Chicken Pox, Measels or Covid 19. If your child is sick at home prior to school, please do not send him to school. If your child is sick when Exams are on a medical certificate is required from his doctor. When your child is absent from school please advise the office promptly with an acceptable reason. Sleeping in is not an acceptable reason.

CONTACT DETAILS

The school relies on up to date contact details to communicate important information and in the case of emergencies.

If any of your contact details have changed; address, phone number and/or email, please contact the office staff to update your information. We require a form to be completed, which can be obtained from the office. All details must be completed and evidence supplied with change of address eg. electricity bill, lease agreement.

PAYMENTS OF OFFICE

As you know, East Hills Boys High School is focused on providing the best possible resources and technology to educate and prepare your child for the future. Payment of school fees is essential in helping provide these resources. Please pay fees before by end of term.

LEAVING SCHOOL EARLY

The procedure for taking students out of school during school hours is as follows:

- Students need to bring a letter from the parent and take it to a Deputy Principal before Roll Call to have Early Leave approved.
- Students then bring the letter to the front office.
- Students return to the front office at the time of leaving to sign out and collect an Early Leavers Slip.







ATTENDANCE

School starts at 8.50am. Please be here before that time so as not to disturb other students learning. Again, to prevent disruption to students learning times, please try to make appointments out of school hours. We understand that with some specialist appointments choosing a time is not available. In those instances, please follow the schools early leaving policy.

Attendance is recorded each day. As a parent or caregiver you are responsible for ensuring your child attends school every day, including sports days unless your child:

- Has an unavoidable medical or dental appointment (preferably these should be made after school or during holidays)
- Is required to attend a recognised religious holiday
- Is required to attend an exceptional or urgent family circumstance (such as attending a funeral) Is sick, or has an infectious illness.

Students need to attend school regularly to meet the course requirements of the Higher School Certificate. If you are having difficulty getting your child to attend school regularly, you might like to talk to the school principal or the school counsellor.

If your child has to be absent from school for any reason, including arriving late or leaving early, please either tell your child's teacher or the administration assistant at our school, or explain the reason by phone, email, or written note as soon as possible and within seven days.

The school uses automated SMS to inform parents of any unexplained absences or unexplained late arrivals. You can reply to this SMS with the reason for your son's absence so our system can be updated accordingly. Please reply with a valid reason eg. – sick, religious holiday, etc. Replying with a "Yes" does not validate your son's absence and further correspondence will be sent.

MEDICAL CERTIFICATES

Principals are legally responsible for keeping accurate records of student attendance. Principals are also responsible for deciding if the reason given for an absence is justified. For this reason, Principals may request medical certificates or other documentation for long or frequent absences explained by parents as being due to illness. If Principals don't consider an explanation to be satisfactory, they will record the absence as unjustified

TRA VELLING?



TAKE YOUR HOLIDAYS WHEN WE DO

School is an important time in your child's life, where they learn social and academic skills and the routines and work ethic that will stay with them throughout their life. But because children need time to be children, there are also school holidays which allow them time off from the formalities of school. Students in NSW have a total of approximately 12 weeks off school each year. The school holidays for 2023 are as follows:

Term 1 Holidays: 10th April – 21st April 2023 Term 2 Holidays: 3rd July – 14th July 2023

Term 3 Holidays: 25th September – 6th October 2023 Term 4 Holidays: 20th December – 29th January 2024

Family holidays are an important part of growing up, but so is attending school. For this reason, we ask that wherever possible, you take your holidays when we do, during school holiday time. Even taking a couple of weeks off school during term time can make it very hard for your child to catch up on their work and if this is repeated over several years, children often find themselves falling behind. If you must schedule your holiday during term time, we ask that you please do the following things before you go:

- Complete travel request forms, which can be collected from our front office.
- Provide additional documentation, such as travel itineraries.

If you do not notify the school, your child's absences will be marked down as unexplained.

East Hills Boys is an inclusive community where all students are encouraged to support each other. To encourage our boys to seek out friendships and new networks within the school we have introduced an initiative to assist students who may need help in making those connections

CONNECTING SOCIALLY

CHANGING FRIENDSHIP GROUPS

BUILDING FRIENDSHIP NETWORKS



Our Leadership Team, SRC and Peer Support Team are wearing blue bands to indicate to the student body that they are boys who are there to help other students. At the conclusion of the Year 7 transition week I also spoke with the cohort to explain the initiative and to ask for volunteers to help other Year 7 boys make friends in their new environment. I was overwhelmed when more than 20 boys eagerly approached me to be part of Make a Mate.

These students will be wearing their blue band when they are at school or travelling to and from school. This band indicates they are approachable and happy to support any student who may need help, want to join in your game or share some time with a new group. Thank you boys for making a positive contribution to our school culture and I congratulate them for their involvement. Please discuss this program with your student so they are aware of the initiative.

Thank you Mrs Savins

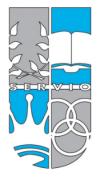
East Hills Boys High School 2023 TERM 3

SANDWICHES			SALADS			BREAKFAST	
H VEGEMITE, HONEY OR JAM	\$2.50	Н	GARDEN - LETTUCE,CUCUMBER	\$5.50		TOASTED SANDWICHES-	
H CHICKEN, LETTUCE, MAYO	\$5.00		CARROT,CAPSICUM,ITALIAN DRESS		Н	CHEESE TOASTIE	\$2.50
TUNA , LETTUCE, MAYO	\$4.00	Н	SALAD BOX- LETTUCE, TOMATO	\$5.50		HAM, CHEEESE, TOMATO	\$4.00
H CHICKEN, CHEESE, TOMATO	\$5.00		CUCUMBER, CARROT, BEET- ROOT,CHEESE, SLICE BREAD		Н	CHEESE AND TOMATO	\$3.00
HAM AND CHEESE	\$3.50	Н	GREEK-LETTUCE,CUCUMBER	1		FLAVOURED MILK SML	\$3.00
HAM CHEESE AND TOMATO	\$4.00		TOMATO,CAPSICUM,FETA,OLIVES, HOMEMADE DRESSING	\$5.50		FLAVOURED MILK LGE	\$4.50
F EGG LETTUCE MAYO	\$4.00		CAESAR- COS LETTUCE,EGG, cheese	\$5.50		CHOBANI YOGURT TUB	\$2.50
FULL SALAD SANDWICH	\$4.50		BACON,CROUTONS,CAESAR DRESS- ING			FRESHLY MADE YOGURT-	
H CHEESE	\$2.50	Н	CHICKEN CAESAR-lettuce	4	Н	PLAIN CREAMY VANILLA	\$3.50
H CHEESE AND TOMATO	\$3.00		EGG,CROUTONS,cheese, CHICK- EN BREAST CAESAR DRESSING	\$7.00	Н	SIPPAH STRAW +PLAIN MILK	\$3.00
H CHICKEN CAESAR WRAP	\$6.50	Н	*PASTA -PASTA, CELERY,carrot,corn	\$5.50	Н	HOT CHOCOLATE	\$2.50
SWEET CHILLI CHICKEN SAND w/lettuce & sweet chilli mayo	\$5.00		,PARSLEY, cheese and MAYO dressing WITH CHICKEN	\$7.00		OVEN BAKED HASH BROWN	\$1.50
Н		Н	*PORTUGUESE CHICKEN -	\$7.00	Н	BANANA BREAD	\$2.00
			SWEET CHILLI CHICKEN, TOMATO RED ONION, CUCUMBER,, BABY SPIN- ACH, SWEET CHILLI DRESSING		H H	TOASTED CROISSANT PLAIN- WITH CHEESE- HAM AND CHEESE-	\$3.00 \$4.00 \$5.00 \$4.50
EXTRAS		Н	*LENTIL- LENTILS,RED ONION CUCUMBER, TOMATO,MINT, SALAD	\$5.50		CHEESE AND TOMATO-	\$4.50
ROLL	\$1.00		LEAVES, ITALIAN DRESSING *ADD HALOUMI	\$7.00			
WRAP OR TURKISH BREAD	\$1.20	Н	*TABOULLI SML	\$4.50		MUFFIN VARIETIES	\$3.00
CONDIMENTS OR SALAD FILL- ING EACH	50C		*FALAFAL BOX- TABOUL- LI,HUMMUS,AND 3 FALAFAL PIECE	\$7.00	Н	Egg Brekky Roll- 2 Eggs, cheese & bbq sauce ADD a hash brown	\$5.50 \$7.00
AVOCADO	\$1.00	Н	ADD CHICKEN TO ANY SALAD FOR EXTRA	\$2.00		MORNING SPECIAL DEAL	\$4.50
H CHEESE EXTRA CHICKEN	\$1.00 \$2.00		FRESH SEASONAL FRUIT SALAD	\$5.00	Н	CHEESE TOASTIE AND A HOT	
	7	Н	New! Poke Bowl- Chicken or Tuna, rice, carrot, cucumber, corn, edamame, seaweed, mayo, sesame seeds	\$7.00			
*SUSHI			PROTEIN BOWL (H)	\$7.00	Н	WANT TO AVOID LINING UP AT RECESS OR LUNCH?	
*TUNA AND CUCUMBER *CALIFORNIA *CRISPY CHICKEN AND AVO	\$4.00 \$4.00 \$4.00		GRILLED CHICKEN BREAST, EGG, BROWN RICE, SALAD GREENS,TOMATO, CUCUMBER, CARROT, CHOICE OF DRESSING			PRE ORDER RECESS OR LUNCH IN THE MORNING AND JUMP INTO THE VIP QUEUE FOR PICKUP	
*SALMON AND AVO	\$4.50					ALL FOODS MARKED WITH	
H	1					(H) HALAL OPTION	
(H) HALAL OPTION			(GREEN)EVERYDAY 5 STAR			(BLUE) OCCASIONAL 3 STAR	

East Hills Boys High School 2023 TERM 3

HOTFOOD 💝			WINTER SOUPS	589	SNACKS	
			AVAILABLE TERM 2 & 3		POPCORN	\$3.00
CHICKEN OR BEEF BURGER	\$5.50	Н	CHICKEN &CORN SOUP	\$4.50	CHOBANI YOGURT TUB	\$2.50
FISH BURGER	\$5.50		PUMPKIN SOUP	\$4.50	CUSTARD CUP	\$2.00
ROAST BEEF HOT ROLL W/	\$5.50		MINESTRONE SOUP	\$4.50	JELLY CUP	\$2.00
CHEESE AND BBQ SAUCE			LENTIL AND VEG SOUP	\$4.50	JELLY AND CUSTARD CUP	\$2.00
CHICKEN BREAST HOT ROLL W/ CHEESE AND MAYO	\$5.50		ALL SOUPS SERVED WITH SLICE BREAD OR CROUTON		CELERY &CARROT STICKS W/ HUMMUS DIP	\$2.50
SWEET CHILLI CHICKEN TENDER	\$6.00		DRINKS		RED ROCK SML CHIPS	\$2.00
WRAP HALAL ROADIE BEEF PIE	\$5.00		BOTTLE OF WATER	\$2.20	CORNTOS JJ SNAX	\$2.00 \$2.00
JUMBO LITE SAUSAGE ROLL	\$4.50		JUICE BOMB VARIETY	\$3.00	RICE CRACKER (ROUND)	\$1.00
CHEESE AND SPINACH ROLL	\$5.00		ALOE VERA	\$4.00	PRETZELS	\$2.00
HALAL STEAK PIE	\$5.00		PEACH ICE TEA	\$4.00	SEAWEED SNACK	\$2.00
HALAL SAUSAGE ROLL	\$4.50		100% JUICE BOTTLE	\$4.00	OVALTEENIES	\$1.00
HALAL STEAK & POTATO PIE	\$5.00		FLAVOURED MILK -SMALL	\$3.00	VEGGIE STRAWS	\$2.00
GARLIC BREAD	\$3.00		-LARGE	\$4.50	PIECE OF FRUIT	\$1.00
CHEESY GARLIC BREAD	\$3.50		UP &GO MILK	\$3.00	COOKIE	\$3.50
	\$3.00		DIET CAN VARIETIES		COOKIE	33.30
*MANOUSH -OREGANO CHEESE, MEAT, MEAT/CHEES	\$4.00			\$3.00		
-PEPPERONI	\$4.50		ICEBREAK ICE COFFEE 100% JUICE POPPER	\$4.50 \$2.00		
-CHEESE -HAM AND CHEESE -BBQ CHICKEN	\$4.50 \$5.50 \$5.50				YOGURT	
*NACHOS	\$5.50				ICECREAMS	
BOARDSPECIALS		Н	*LASAGNA W/MINI GBREAD	\$6.00	TWIN POLE FROZEN JUICE CUP	\$2.00
*CHICKEN FRIED RICE	\$7.00	Н	*CHICKEN KATSU BOWL	\$7.00	ZOOPER DOOPER SLUSHIE -SMALL	\$1.00
*BUTTER CHICKEN W/RICE	\$7.00		*PASTA BOLOGNESE	\$7.00	LARGE	\$1.00
*CHICKEN SOUVLAKI W/BBQ SAUCE, LETTUCE ON PITA	\$6.50		*HONEY SOY CHICKEN BOWL	\$7.00		\$2.00 \$3.00
*CREAMY CHICKEN PASTA	\$7.00		*BEEF &BEAN BURRITO	\$6.50	CHOC VANILLA ICECREAM	\$2.00
*FALAFAL W/HUMMUS AND TABOULLI ON WRAP	\$6.50		*FLAMEGRILLED CHICKEN BREAST BURGERS- TROPI-		RASPBERRY AND VANILLA SPLIT	\$2.00
*MEXICAN BURGER	\$6.50		CAL OR PERI PERI	\$6.50		
*CHICKEN AND VEG HOKKIEN NOODLE STIRFRY	\$7.00		BUY ANY BOARD SPECIAL FOOD AND GET A:		FACEBOOK PAGE : Canteen Creations EHB	
*MEXICAN TACO BOWL	\$7.00		BOTTLE OF WATER FOR AN EXTRA \$1.00		INSTAGRAM: canteencreationsehb	
*CHICKEN SCHNITZEL ROLL W/GRAVY OR LETT/MAYO *BBQ CHICK & GRAVY ROLL	\$6.50 \$6.50		ALL FOODS MARKED WITH AN (*) ARE ON A DAILY ROTATION		Menu is subject to price change, due to suppliers cost through the year	
*PASTA VEGETARIAN	\$6.00		Container for food tec	50c	Extra dressing \$1.00 or soy	50c
	1		Extra fork/spoon purchase	20c	Extra sauce portion	50c





EAST HILLS BOYS HIGH SCHOOL 2023

Boys Summer Uniform

boys dummer dimorni	(from)
Ice Blue S/S Twin Stitched	\$ 36.99
Shorts Navy Gaberdine Baggy with Zip Pocket	\$ 32.99
Jumper Black Fleecy with School Logo Embroidered	\$ 42.99
Jacket Soft Shell Black H20 Proof with Logo Embroidered	\$ 74.99
Jumper Woollen Black with Logo Embroidered	\$ 69.99
Cap Black Brushed Cotton with School Logo Embroidered	\$ 18.99
Socks Red Robin White	\$ 4.99
Boys Winter Uniform	
Ice Blue S/S Twin Stitched	\$ 36.99
Trousers Grey Melange Flexible Waist Belt Loop	\$ 59.99
Jumper Black Fleecy with School Logo Embroidered	\$ 42.99
Jacket Soft Shell Black H20 Proof with Logo Embroidered	\$ 74.99
Jumper Woollen Black with Logo Embroidered	\$ 69.99
Blazer Black Wool with School Logo Embroidered	\$ 189.99
Tie Navy with School Emblem	\$ 31.99
Cap Black Brushed Cotton with School Logo Embroidered	\$ 18.99
Socks Red Robin Black	\$ 4.99
Boys Sports Uniform	
Polo Shirt Navy/Sky with School Logo Embroidered	\$ 34.99
Shorts Navy Microfiber with Insignia Embroidered from	\$ 39.99
Jacket Soft Shell Black H20 Proof with Logo Embroidered	\$ 74.99
Jacket Microfiber Special Design with Logo	
DISCONTINUED ON SPECIAL	\$ 59.99
Trackpants Black Microfiber Plain	\$ 34.99
Cap Black Brushed Cotton with School Logo Embroidered	\$ 18.99
Socks Red Robin White	\$ 4.99
School Bag Backpack Black with Logo Embroidered	
LIFETIME WARRANTY Large	\$ 89.99

Panania Uniforms & Embroidery 34 Anderson Ave Panania,

Price

34 Anderson Ave Panania, NSW 2213 (02) 9771 0825

Opening Hours

Monday – 9am – 5pm Tuesday – 9am – 5pm Wednesday – 9am – 5pm Thursday – 9am – 5pm Friday – 9am – 4pm Saturday – 10am – 1pm Sunday – Closed

Moorebank Uniforms & Embroidery

Shop 30 Moorebank Shopping Village Stockton Ave, Moorebank, NSW 2170 (02) 9602 4387

Opening Hours

Monday – 9am – 5pm Tuesday – 9am – 5pm Wednesday – 9am – 5pm Thursday – 9am – 5pm Friday – 9am – 4pm Saturday – 9am – 2pm Sunday – Closed





EAST HILLS BOYS HIGH SCHOOL 2023

Boys All Season Uniform	Price (from)
S/S Ice Blue Shirt	\$39.95
LS Ice Blue Deluxe Shirt	\$46.95
Navy Deluxe College Shorts	\$49.95
Grey College Deluxe Trousers	\$62.95
Black Sloppy Joe With Emb	\$45.95
Navy Tie With Logo	\$32.95

Boys Sports Uniform

SS Navy/Sky Sports Polo With Emb	\$36.95
Navy Sports Short With Emb	\$24.95
Black Microfibre Trackpants	\$34.95
Black Cap	\$11.95
White Sports Socks	\$5.95

Bankstown

Cnr North Terrace and Lady Cutler Avenue, Bankstown, 486 2200 (02) 97901432



SCAN THIS QR CODE FROM YOUR
MOBILE PHONE CAMERA TO GO TO WEBSITE
LOWES
TO A COMMISSION



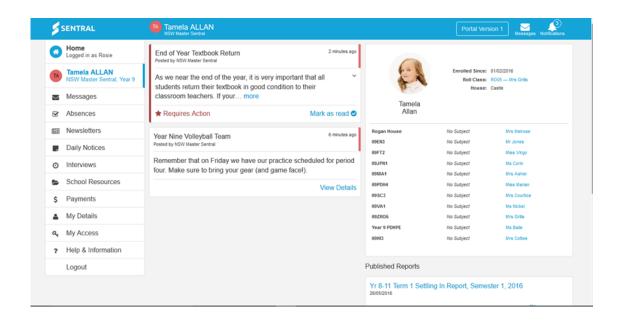


Sentral Parent Portal

As advised previously we have recently launched the EHBHS Sentral Parent

Portal to improve communication between parents and the school. The parent portal will give all parents quick and easy access to vital information relating to their sons learning. Information relating to attendance, academic progress, upcoming events, class details and newsletters can all be readily accessed through the portal.





You should have already received information on how to register for, and set up, your Parent Portal account via email and a note sent home. Many parents have already registered and are using the portal successfully. If you are still yet to do so the link below provides access to a video tutorial to guide you through the set up process.

Link to tutorial for new users - https://vimeo.com/270556778

App Access.

Sentral Parent Portal is also available as an app to give you access via your mobile phone. If you have already set up your portal account the link below provides a guide to downloading and installing the app.





As we move to greater use of the Portal for communication it is important that all families set up their accounts to avoid missing out on essential information.

Whilst the Portal is externally hosted, we will try to assist where possible, parents who encounter difficulties setting up their accounts

There is no place for bullies at East Hills Boys High School. Bullying behaviours will not be tolerated and they include:

Verbal and Visual Bullying: Teasing, name calling, offensive language, notes, graffiti, email, text messages, phone calls. Physical Bullying: Pushing, tripping, punching, hitting, slapping.

Exclusion: Ignoring, isolating a person Victimisation: Ganging up, threats, spreading rumours, whispering. Emotional Abuse: Personal or family insults, threatening to withdraw friendship, Isolation.

Extortion: Stand-over tactics, demanding money or goods, damaging or stealing other's possessions.

Racial or Sexual Abuse: Attacks or discrimination because of their race or gender.

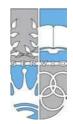
No one has to tolerate this – you don't have to!

If you feel that you are being bullied, if you feel that you are experiencing any of the behaviours listed above, or if you see them occurring, see a staff member immediately. Every instance of bullying is followed up.

What to do if YOU are being bullied by any person at school:

If you can, walk away, ignore the bully and try not to show how upset you are. If you can, state quite clearly that you don't like the behaviour, that it is unwelcome and offensive. Complete a bullying referral form.

(You can find these on the school website) One has been provided below



East Hills Boys High School

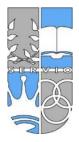
Bullying Referral Form

Bullying during: CLASS	OTHER	_eg. Playground	
Student Name:		(Victim)	Roll:
Student Name:		(Bully)	Roll:
Student Name:		(Witness)	Roll:
Incident Details:			

STUDENT DRIVERS

Dear Parent/Guardian if your student is driving to school or is a passenger in a car being driven by another student, please ensure the following permission note has been completed and returned to Mrs. Savins.

Thank you.



EAST HILLS BOYS HIGH SCHOOL

LUCAS ROAD PANANIA N.S.W. 2213

Telephone: 9773 7806 Facsimile: 9792 3849

easthillsbh.school@det.nsw.edu.au

MOTOR VEHICLE CONSENT

(Use of private motor vehicles by students to and from school)

CONDITIONS

- 1. The Principal's consent must be gained before any student uses their motor vehicle to transport to and from school.
- 2. Cars can be driven to and from school by students only with written parental consent.
- 3. Student drivers are expected to conform to the road rules at all times and to ensure that no more passengers are carried than are provided for by fitted seat belts.
- 4. No student may travel as a passenger in a car driven by another student to or from school without written parental consent.
- 5. Students driving vehicles must hold a valid driver's license.
- 6. Vehicles being driven by students must have <u>current registration</u> and <u>current comprehensive and third party property insurance</u> and have seat belts fitted for all passengers.

1. DETAILS OF CAR TO BE USED:	
Registration No:Expiry date:	Colour: Make of Car:
Comprehensive third party Insurer:	Expiry date:
2. DRIVER CONSENT - STUDENT:	
I hereby consent to my son/guardian (First Name):	(Family Name):
Parent's Signature:	Date:/
3. PASSENGER CONSENT:	
I hereby consent to my son (First Name):	(Family Name):
in Year 12 to be driven by	in Year 12 in the above mentioned car to and from school
Parent's Signature:	Date:/
4. PRINCIPALS APPROVAL:	

East Hills Boys High School

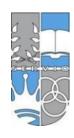
Making learning our number one priority

Lucas Rd Panania 2213

Phone: 9773 7806

	Home	Our school	Student Equipment /	Curriculum & activities		Caring for students	School years	Academic Scholarships	The School's History			
			BYOD	Courines		Judenis		Comonar Simps	· · · · · · · · · · · · · · · · · · ·			
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							\$ MAK	E A PAYMENT				
F	aymei	nt Deta	ils			CHANGES TO OUR RAWLENT PROCESS						
Fie	ids marked with an a	sateriak (*) are mano	delory.			CHANGES	TO OUR PAYMEN	I PROCESS				
Th	e process for making	a gayment is as folio	ma.					system East Hills B				
1. Fill out all the required fields on this page. 2. Fill out credit card payment details on the next page. 3. Review and confirm your payment details on the confirmation page. 4. Review your gayment receipt and optionally print it, or send it as an email.							School will implement an online payment system as at 17 February 2017, via a secure payment page hosted by Westpac.					
S	tudent Detail	s		_		1 -	-		sterCard Credit card	d or debit		
	udent Registration No			_		card, and ca	an be made via c	omputer, tablet or m	obile phone.			
	his 9 digit number is or ued by the school it wi											
	the student's name.					The paymer	nt page is access	sed from the front pa	ige of the schools w	ebsite by		
*	Given Name	John				selecting the	e "\$ MAKE A PA`	YMENT" icon. (see	above)	·		
*	Surrame	Smith]		14 414		-lll/l-:4				
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Th	is number may be on it	he top of the				this covers	items not covere	d in the previous he	adings, Other can be	e used to		
	cice or statement issue					make a com	nplete payment of	f a school invoice.				
30	hool. It may have the h	esong Hai.										
*	Date of Birth (dd/mm	01/01/	2004			When you a	access the "\$ MAI	KE A PAYMENT" ico	on you must enter:			
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	, 0249512345 or (02)4	9512345				THESE DE	TAILS ARE ENT	ERED EACH TIME '	YOU MAKE A PAYM	IENT AS		
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	Creative and Pra	ctical Arts				returned to	school asap as w	e need a signed per	mission note for you	ır child to		
	Sales to Students					participate i	in school activiti	es or receive resou	rces. Westpac pas	ses daily		
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0	ck Next to proceed t	o the payment page w	ihere you can enter credit	card details for your gay	ment.	1	Boys High School act our office.	ol embracing the fu	ture. For further inf	formation		

Cuncul Next



Facilities For Hire

There is an opportunity for casual or ongoing bookings of school facilities available for churches, community groups, not for profit organisations and businesses at reasonable rates. Facilities available include the School Hall, classrooms, sporting courts and ovals.

School Hall Facilities:

Enquiries:

Lucas Rd, Panania 2213 Phone: 9773 7806 easthillsb-h.school@det.nsw.edu.au



- ✓ Dramas
- ✓ Musicals
- ✓ Concerts
- Meetings
- ✓ Presentations
- ✓ Networking Events

- ✓ Large Stage
- ✓ P.A. System
- ✓ Projector
- ✓ CD/DVD
- **✓** Lectern





